

# OUR GOAL

“At FSTA our goal is to provide required soccer skills training and development that enhances and improves each individual soccer player’s ability, physical literacy, agility, balance, coordination and game vision, with the intent of bringing them closer to their soccer aspirations and achievements.”

-Frank Onasanya



*“My son has trained with FSTA for six years now. Frank, and his knowledgeable and experienced coaches, have helped my son blossom into a confident and skilled young soccer player. Training with FSTA has given my son many different opportunities for growth within the soccer community. FSTA doesn’t just coach soccer, they guide the players to be their best on and off the field. Frank’s passion for the game is infectious and brings out the best in his players. If you are looking for a fun, inspiring and rewarding soccer experience for your child, I would HIGHLY recommend FSTA!” – Kari*



Don’t forget to Like our Facebook Page @FranksSoccerTraining and Follow Us on Twitter @FranksSoccer for regular updates!

# FRANK’S SOCCER TRAINING ACADEMY

Programs Right for You!



Please Note: All dates and prices are subject to change. Visit our website for up to date information on all our programs!



## OUTDOOR SOCCER

Throughout the Spring and Summer seasons, FSTA offers Soccer Skills Development Clinic and Game Programs (SSDCG PRO), for players of all levels, aged 4-16 years. This includes our FSTA FUNDamentals Program and our Summer Soccer Camp Program. Both programs were designed to provide players a chance to develop basic to advanced skills and concepts in game-like situations, while encouraging learning and fun!

SSDCG PRO: 10 Sessions, June-August

Cost: 4-5 YRS \$60.00

6-7 YRS \$70.00

8-9 YRS \$80.00

\*Note: Early Bird Pricing \$10.00 Off Until April 30!

Summer Soccer Camp: Two Weeks in July

Cost: 4-5 YRS \$100.00/Week

6-8 YRS \$150.00/Week

9-16 YRS \$165.00/Week

\*Note: Pre/Post Care Extra.



## FSTA ELITE

The FSTA Elite Program was designed to provide players aged 9-18 years with another local opportunity to develop their skills, knowledge, and love for the game of soccer. Players train two nights a week during the Spring and Summer seasons and compete weekly in the East Region Soccer League.

Elite: April - August

Cost: 9-12 YRS \$185.00

13-18 YRS \$285.00

\*Note: Additional Fees Will Apply at Registration.



## INDOOR SOCCER

Throughout the Fall and Winter seasons, FSTA offers Indoor Skills Development Programs, for players aged 4-18 years, of all levels. These clinics were designed to improve on players' skills and abilities while encouraging fun and love for the game. Sessions are held on weeknights.

Four Phases, 6 Weeks Each, Beginning in October

Cost: 4-8 YRS \$50.00/Phase

9-18 YRS \$65.00/Phase

## FSTA FUSION

The Fusion Soccer Program was designed to develop skillful soccer players aged 7-18 years, that have the desire, the willingness, and the passion to succeed in soccer while having fun. Players train two nights a week during the Fall and Winter seasons, and compete weekly in the Ottawa Carleton Futsal League.

Fusion: October - May

Cost: 7-10 YRS \$580.00

11-18 YRS \$700.00

\*Note: Additional Fees Possible.



## ABOUT US

FSTA is a not-for-profit organization that was founded in 2002 by Frank Onasanya. The Academy started by offering indoor soccer skills development clinics in Kemptville for children and youth throughout the winter. As the number of players in the Academy has grown, so has FSTA's programs. We are pleased to now offer year-round options for players of all ages in our local community to continue developing their love and appreciation for the game of soccer.

*"Great training and discipline for the kids. Frank keeps it interesting and the kids focused. My kids love it and can't wait for another season." — Nikki*

## LOOKING FOR MORE INFORMATION?

### Contact Us

Frank's Soccer Training Academy  
868 Visiting Road  
Kemptville, ON K0G 1J0

613-258-0149

admin@frankssoccertraining.com

Visit us on the Web:  
frankssoccertraining.com

\*Note: Payment plans available.